

# Bowl food menus



## **Seafood**

**Crab Jambalaya**

**Luxury Cornish fish pie**

**Smoked haddock and scallop chowder**

**Catalan cod & cannellini bean stew**

**Light red fish curry**

## **Chicken**

**Coq au vin**

**Thai green curry with coconut rice**

**Chicken basquaise with peppers, shallots,**

**tomatoes and black olives chicken**

**with mustard and tarragon sauce**

**Chicken and chorizo paella**

## **Meat Dishes**

**Beef bourguignon**

**Pork Stroganoff with three mustards**

**Carbonnade of Cornish beef with ring O' Bells Dreckly beer**

**Italian-style spicy sausage and bean casserole**

**Spicy pork and chilli pepper goulash**

## **Vegetarian**

**Pumpkin and lime chowder**

**Moroccan roasted vegetable tagine**

**Vegetarian moussaka with ricotta topping**

**Charred aubergines and coconut curry**

**Ratatouille with parmesan**

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## **Salads**

***Classic Caesar Salad with pan-fried Croutons, topped with Parmesan Shavings (V)***

***Celery, Red Onion & New Potato Salad (V)***

***New Potatoes served with Sour Cream & Chives ( V & G/F)***

***Greek Salad with Basil Oil (V & G/F)***

***Chickpeas infused with Roasted Bell Peppers Salad (V)***

***Celery, Apple, Grape & Walnut Salad (V)***

***Cherry Tomato, mixed Olives & Goat's Cheese, topped with Rocket (V)***

***Spicy Bean Salad with a fresh Chilli Dressing (V)***

***Fresh Pasta Salad infused with Cucumber & Mint (V)***

***Lemon, Coriander & Mint Couscous (V)***

***Beef Tomato, Mozzarella & Fresh Basil with Virgin Olive Oil (V & G/F)***

***Mixed Leaf Green Salad with Italian Dressing (V & G/F)***

***Chunky Coleslaw (V)***

***(V) suitable for vegetarians, (G/F) suitable for Gluten Free diets***

***Special dietary requirements can usually be catered for, provided that prior notice is given. Please note, however, that we are unable to guarantee food will not contain traces of nuts or other allergens***

***Prices are exclusive of VAT @ 17.50%***